

Having Lap Band Pre-Pregnancy

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For women looking to have Lap Band surgery at some point prior to a pregnancy, there are a number of factors to consider.

Lap Band surgery is viewed upon as improving one's overall health. While Lap Band surgery cannot remove serious fertility issues, research has indicated that it can improve a number of factors related to infertility for those who fall into the obese category.

Whether you are a women looking to get pregnant or not, being obese will put you in a higher risk category for a number of health issues.

Obesity is often the cause of type 2 diabetes, heart disease, high blood pressure and sleep apnea.

Being seriously overweight also results in an increase in the level of two key hormones linked to fertility – estrogen and testosterone. An increase in these two hormones is directly linked to infertility, resulting in irregular or heavy periods.

Weight loss following Lap Band surgery results in normalization of estrogen and testosterone, along with a return to a normal menstrual cycle and better fertility.

For women able to conceive, Lap Band surgery before a pregnancy can assist in resolving the pregnancy-related medical conditions obese women are at risk for, many times leading to a safer and healthier birth.